







# Ambition Challenge Schedule

Fall 2025

September 5 to December 13

| Activity  | Objectives   | Dates et Times   |
|---|--|--|
| <b>Pre-launch period</b><br>Introduction card   | <ul style="list-style-type: none"> <li>Evaluate your behaviours and mindset</li> <li>Reflect on your professional ambition to decide on a challenge</li> </ul>   | <b>September 5 to 11</b>   |
| <b>Official launch</b>  | <ul style="list-style-type: none"> <li>Understand the program goals and sequence</li> <li>Clarify your challenge and learn to socialize it</li> </ul>  | <b>Thursday, September 11</b><br>11:00 a.m. to 12:00 p.m. (Toronto)<br>5:00 p.m. to 6:00 p.m. (Paris)  |
| <b>Workshop 1</b><br>Confidence   | <ul style="list-style-type: none"> <li>Deepen your self-awareness</li> <li>Understand the professional benefits of stepping out your comfort zone</li> <li>Develop a growth mindset</li> </ul>           | <b>choose the edition that suits you best</b>  |
| <b>Thursday, September 25</b><br>Americas, Europe, Africa<br><br>8:30 a.m. to 10:00 a.m. Vancouver<br>11:30 a.m. to 1:00 p.m. Toronto<br>5:30 p.m. to 7:00 p.m. Paris<br>⌚ <a href="#">What time will that be for me?</a> | OR   | <b>Thursday, September 25</b><br>Europe, Africa, Middle East, Asia-Pacific<br><br>8:00 a.m. to 9:00 a.m. Paris<br>11:30 p.m. to 12:30 p.m. New Delhi<br>2:00 p.m. to 3:00 p.m. Shanghai<br>⌚ <a href="#">What time will that be for me?</a> |
| <b>In-Depth Interview</b><br>Confidence   | <ul style="list-style-type: none"> <li>Interview with a leader on essential strategies for developing and strengthening your confidence throughout your career.</li> <li>Live Q&amp;A session</li> </ul> | <b>Thursday, October 9</b><br>11:00 a.m. to 12:00 p.m. (Toronto)<br>5:00 p.m. to 6:00 p.m. (Paris)   |
| <b>Workshop 2</b><br>Negotiation  | <ul style="list-style-type: none"> <li>Develop best practices in negotiation for your organization and for yourself</li> </ul>   | <b>choose the edition that suits you best</b>  |
| <b>Thursday, October 30</b><br>Americas, Europe, Africa<br><br>8:30 a.m. to 10:00 a.m. Vancouver<br>11:30 a.m. to 1:00 p.m. Toronto<br>4:30 p.m. to 6:00 p.m. Paris<br>⌚ <a href="#">What time will that be for me?</a>  | OR   | <b>Thursday, October 30</b><br>Europe, Africa, Middle East, Asia-Pacific<br><br>8:00 a.m. to 9:00 a.m. Paris<br>12:30 a.m. to 1:30 p.m. New Delhi<br>3:00 p.m. to 4:00 p.m. Shanghai<br>⌚ <a href="#">What time will that be for me?</a>   |
| <b>In-Depth Interview</b><br>Risk-Taking  | <ul style="list-style-type: none"> <li>Interview with a leader on the essentials of risk-taking throughout her career.</li> <li>Live Q&amp;A session</li> </ul>  | <b>Thursday, November 13</b><br>11:00 a.m. to 12:00 p.m. (Toronto)<br>5:00 p.m. to 6:00 p.m. (Paris)   |
| <b>Workshop 3</b><br>Influence  | <ul style="list-style-type: none"> <li>Actively cultivate your influence</li> <li>Identify and strengthen your key relationships</li> </ul>  | <b>choose the edition that suits you best</b>  |
| <b>Tuesday, November 25</b><br>Americas, Europe, Africa<br><br>8:30 a.m. to 10:00 a.m. Vancouver<br>11:30 a.m. to 1:00 p.m. Toronto<br>5:30 p.m. to 7:00 p.m. Paris<br>⌚ <a href="#">What time will that be for me?</a>  | OR   | <b>Tuesday, November 25</b><br>Europe, Africa, Middle East, Asia-Pacific<br><br>8:00 a.m. to 9:00 a.m. Paris<br>12:30 a.m. to 1:30 p.m. New Delhi<br>3:00 p.m. to 4:00 p.m. Shanghai<br>⌚ <a href="#">What time will that be for me?</a>   |

# Ambition Challenge Schedule

Fall 2025

September 5 to December 12

| Activity                                   | Objectives  | Dates et Times                        |
|--|---|---------------------------------------|
| <b>The 100 Days Summary</b><br>Final Cards | <ul style="list-style-type: none"><li>• Consolidate your learnings</li><li>• Learn to celebrate your successes</li><li>• Build on the momentum of the 100 days to continue your development and reach your objectives beyond the Ambition Challenge</li></ul> | <b>November 28<br/>to December 13</b> |

## Triad Meetings

### Objectives

- Deepen program learnings with fellow triad members
- Encourage collaboration and self-improvement through a network of participants

| 1                              | 2                                     | 3                            | 4                            | 5 (optional)                           |
|--------------------------------|---------------------------------------|------------------------------|------------------------------|--|
| Between<br>September 11 and 21 | Between<br>September 26 and October 7 | Between<br>October 17 and 28 | Between<br>November 7 and 16 | Between November 28<br>and December 13 |

### All events are virtual

#### Notes :

Dates and times are subject to change.

Events are broadcast live but also recorded and posted on the learning platform within 48 hours of their livestream.