

Défi 100 jours Schedule North America and Europe

Spring 2024

March 8 to June 14

Activity	Objectives	Time and Date Eastern Time: ET Central European Time: CET
Pre-launch period Introduction Card	<ul style="list-style-type: none"> Evaluate your behaviours and mindset Reflect on your professional ambition to decide on a challenge 	March 8 to 14
Official launch	<ul style="list-style-type: none"> Understand the program goals and sequence Clarify your challenge and learn to socialize it 	Thursday, March 14 9:00 a.m. to 10:00 a.m. ET 2:00 p.m. to 3:00 p.m. CET
Workshop 1 Boost Your Confidence	<ul style="list-style-type: none"> Refine your self-knowledge Understand the professional benefits of getting out of your comfort zone Develop your growth mindset to step out of your comfort zone 	Thursday, March 28 9 a.m. to 11:00 a.m. ET 2 p.m. to 4:00 p.m. CET
Web conference 1 A Matter of Confidence	<ul style="list-style-type: none"> Get inspired by a great leader to build your confidence and solidify it throughout your career. Live question period 	Thursday, April 11 10:30 a.m. to 11:30 a.m. ET 4:30 p.m. to 5:30 p.m. CET
Workshop 2 Take Strategic Risks	<ul style="list-style-type: none"> Learn how to take risks on a regular basis to propel your ambition Develop best practices in negotiation for your organization and for yourself 	Tuesday, April 30 9:00 a.m. to 11:00 p.m. ET 3:00 p.m. to 5:00 p.m. CET
Web conference 2 A Matter of Influence	<ul style="list-style-type: none"> Get inspired by the career of a great leader to develop your influence and your internal network. Live question period 	Tuesday, May 14 10:30 a.m. to 11:30 a.m. ET 4:30 p.m. to 5:30 p.m. CET
Workshop 3 Expand Your Influence	<ul style="list-style-type: none"> Hone your communication for more impact Learn how to put networking techniques into practice Develop more than a network: your community 	Thursday, May 30 9:00 a.m. to 11:00 a.m. ET 3:00 p.m. to 5:00 p.m. CET
Summary of the 100 days Final cards	<ul style="list-style-type: none"> Consolidate your learnings Learn to celebrate your successes Build on the momentum of the 100 days to continue your development and reach your objectives beyond the <i>Défi 100 jours</i> 	May 31 to June 14

Triad Meetings

Objectives

- Deepen program learnings with fellow triad members
- Encourage collaboration and self-improvement through a network of participants

1	2	3	4	5 (optional)
Between March 14 and 24	Between March 29 and April 9	Between April 19 and 30	Between May 10 and 19	Between May 22 and June 14

All events are virtual.

Notes:

Dates and times are subject to change.

Events are broadcast live but also recorded and posted on the learning platform within 48 hours of their livestream.